Reflection Exercise

Now that you understand the sixteen traits, ask yourself which traits do you already know about and which ones come as a surprise to you? Use the questions to help you in your answer.

Modified The Johari Window

What you know about yourself

		Known to self	Unknown to self
What others know about you	Known to others	Public Self	Blind Self
	Unknown to others	Private Self	Unknown Self

Public Self	Traits and behaviors about me that others and I know and are affirmed by my IDENTI3® results
1	
2.	
3.	

Private Self	affirmed by the IDENTI3® results		
1			
2.			
3.			
Blind Self	Traits and behaviors about me that I do not know but others keep telling me and affirmed by IDENTI3® results		
1.			
2			
3			
Unknown Self	Traits and behaviors about me that <i>I discovered through</i> my IDENTI3® results		
1			
2			
3			